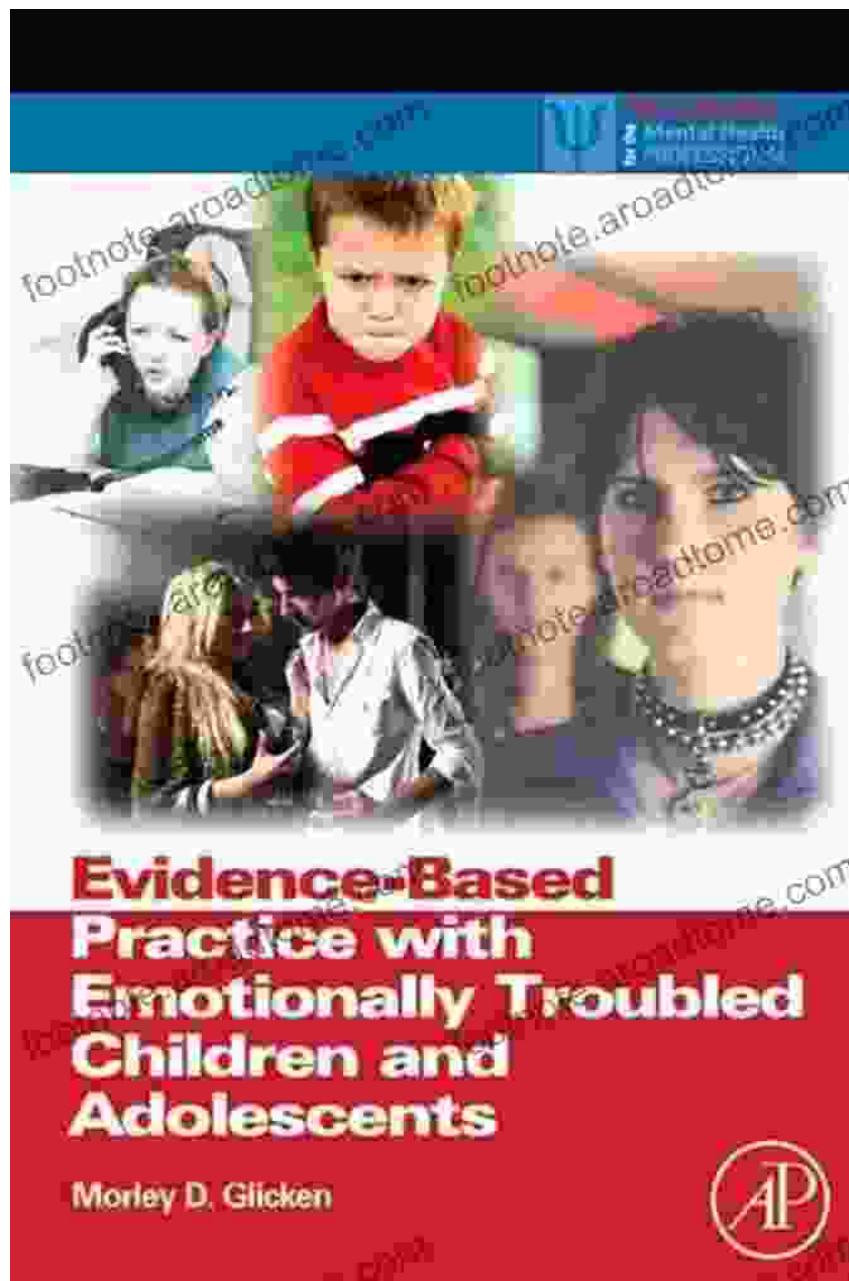
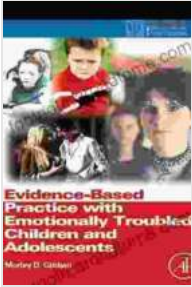


Evidence-Based Practice With Emotionally Troubled Children And Adolescents ISSN: A Comprehensive Guide



Evidence-Based Practice with Emotionally Troubled Children and Adolescents (ISSN) by Morley D. Glick

★★★★★ 5 out of 5



Language	: English
File size	: 1000 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 463 pages



Evidence-based practice (EBP) is a systematic approach to providing mental health services that is based on the best available research evidence. EBP involves using interventions that have been shown to be effective in improving the symptoms of emotionally troubled children and adolescents. ISSN is a unique identifier that is assigned to each issue of a serial publication, such as a journal or magazine. The ISSN for Evidence-Based Practice With Emotionally Troubled Children And Adolescents is 1522-4735.

The Importance of EBP

EBP is important because it helps to ensure that children and adolescents are receiving the most effective possible treatment for their emotional problems. When therapists use EBP interventions, they are more likely to see positive outcomes in their clients. EBP also helps to reduce the risk of harm to children and adolescents, as it ensures that they are not exposed to ineffective or even harmful interventions.

The Principles of EBP

EBP is based on the following principles:

* Interventions should be based on the best available research evidence. * Interventions should be tailored to the individual needs of the child or adolescent. * Interventions should be delivered by trained and experienced professionals. * The effectiveness of interventions should be regularly evaluated.

EBP Interventions for Emotionally Troubled Children and Adolescents

There are a number of EBP interventions that have been shown to be effective in treating the symptoms of emotionally troubled children and adolescents. These interventions include:

* Cognitive-behavioral therapy (CBT) * Dialectical behavior therapy (DBT) * Family therapy * Medication

The choice of intervention will depend on the individual needs of the child or adolescent.

How to Find an EBP Therapist

If you are looking for an EBP therapist for your child or adolescent, there are a few things you can do:

* Ask your child's doctor or school counselor for a referral. * Contact your local mental health center or community health center. * Search for EBP therapists in your area online.

When you are interviewing potential therapists, be sure to ask them about their experience and training in EBP. You should also ask them about the specific interventions that they use to treat emotionally troubled children and adolescents.

EBP is an essential component of providing effective mental health services to children and adolescents. By using EBP interventions, therapists can help to improve the symptoms of emotionally troubled children and adolescents and reduce the risk of harm. If you are looking for a therapist for your child or adolescent, be sure to ask about their experience and training in EBP.

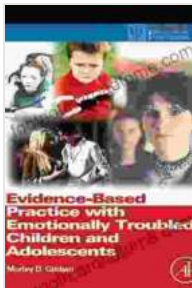
Additional Resources

* The National Association of School Psychologists:

<https://www.nasponline.org/> * The American Psychological Association:

<https://www.apa.org/> * The National Alliance on Mental Illness:

<https://www.nami.org/>

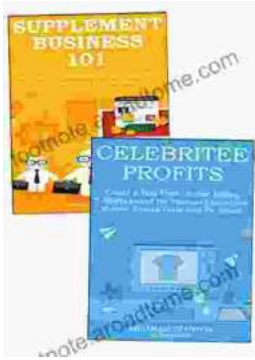


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