

# How Misfolded Protein Baffled Scientists And Changed The Way We Look At The Brain

In the early 1990s, a mysterious new disease began to strike young people. The disease, which was eventually named Creutzfeldt-Jakob disease (CJD), was rapidly fatal and caused a devastating decline in cognitive function. Scientists were baffled by the disease, and it was not until the discovery of a misfolded protein that the cause of CJD was finally revealed.



## Fatal Flaws: How a Misfolded Protein Baffled Scientists and Changed the Way We Look at the Brain by Jay Ingram

★★★★☆ 4.3 out of 5

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The misfolded protein that causes CJD is called a prion. Prions are a type of protein that is found in all cells of the body. Prions are normally harmless, but when they misfold, they can become infectious and cause disease. Misfolded prions can cause other proteins in the brain to misfold, which leads to a chain reaction that can eventually kill brain cells.

The discovery of prions was a major breakthrough in the understanding of CJD. It also led to a new understanding of other neurodegenerative diseases, such as Alzheimer's disease and Parkinson's disease. These diseases are all characterized by the accumulation of misfolded proteins in the brain. Scientists are now working to develop new treatments for these diseases that target misfolded proteins.

## **The Prion Discovery**

The discovery of prions was made by a team of scientists at the National Institutes of Health (NIH) in the early 1980s. The scientists were studying a rare genetic disorder called Gerstmann-Sträussler-Scheinker syndrome (GSS). GSS is a fatal neurodegenerative disease that is caused by a mutation in the gene that encodes the prion protein. The NIH scientists were able to show that the misfolded prion protein was the cause of GSS.

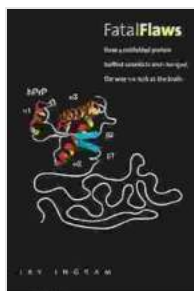
The discovery of prions was a major breakthrough in the understanding of neurodegenerative diseases. It also led to a new understanding of the role of proteins in the brain. Scientists are now working to develop new treatments for neurodegenerative diseases that target misfolded proteins.

## **The Role of Misfolded Proteins in Neurodegenerative Diseases**

Misfolded proteins are thought to play a role in a number of neurodegenerative diseases, including Alzheimer's disease, Parkinson's disease, and amyotrophic lateral sclerosis (ALS). In these diseases, misfolded proteins accumulate in the brain and cause damage to brain cells. The accumulation of misfolded proteins can lead to a variety of symptoms, including memory loss, cognitive decline, movement disorders, and muscle weakness.

Scientists are now working to develop new treatments for neurodegenerative diseases that target misfolded proteins. These treatments aim to prevent misfolded proteins from accumulating in the brain or to remove them from the brain. Some of these treatments are still in the early stages of development, but they offer hope for new treatments for these devastating diseases.

The discovery of misfolded proteins has revolutionized our understanding of neurodegenerative diseases. These proteins are now thought to play a role in a number of different diseases, and scientists are working to develop new treatments that target them. These treatments offer hope for new treatments for these devastating diseases.

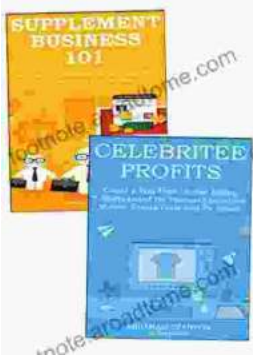


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