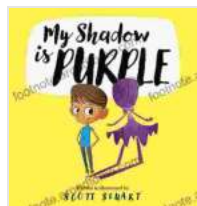


# My Shadow Is Purple: A Journey of Self-Discovery for the Young and Young at Heart



**My Shadow Is Purple** by Scott Stuart

★★★★★ 5 out of 5

Language : English

File size : 2367 KB

Lending : Enabled

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**A beautifully illustrated children's book that explores the complex and often confusing world of emotions.**

Through the story of a young boy named Scott, who learns to embrace his unique emotions, *My Shadow Is Purple* helps children to understand and express their own feelings.

Scott's shadow is purple, and it's not like any other shadow he's ever seen. It's always there, following him around, and it changes color depending on how he's feeling. When Scott is happy, his shadow is a bright, cheerful purple. When he's sad, his shadow is a deep, dark purple. And when he's angry, his shadow is a fiery red.

At first, Scott is embarrassed by his purple shadow. He tries to hide it, but it always finds a way to show itself. But then, Scott meets a wise old man who teaches him that his shadow is a part of him, and that it's nothing to be ashamed of.

With the help of the wise old man, Scott learns to embrace his purple shadow. He learns that it's okay to feel different, and that everyone has their own unique way of expressing themselves.

My Shadow Is Purple is a heartwarming and inspiring story that teaches children about the importance of self-acceptance and self-expression. It's a must-read for any child who is struggling to understand their own emotions.

### **Praise for My Shadow Is Purple**

"My Shadow Is Purple is a beautiful and important book that teaches children about the importance of self-acceptance and self-expression. It's a must-read for any child who is struggling to understand their own emotions." - Dr. Jane Nelsen, author of Positive Discipline

"My Shadow Is Purple is a delightful and insightful book that helps children to understand and express their emotions. It's a valuable resource for parents and educators alike." - Dr. John Gottman, author of The Seven Principles for Making Marriage Work

My Shadow Is Purple is available in hardcover, paperback, and ebook formats. It can be Free Downloadd at all major bookstores and online retailers.



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