

# Post 60s Body Art And Performance: A Revolutionary Force in Contemporary Art



## It's Not Personal: Post 60s Body Art and Performance

by Susan Best

★★★★★ 5 out of 5

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Body art and performance art emerged in the 1960s as a radical departure from traditional art forms. These practices challenged the boundaries of art and the body, pushing the limits of human expression and challenging societal norms.

Post 60s Body Art And Performance explores the history, theory, and practice of these groundbreaking art forms. Featuring over 200 illustrations, this book provides a comprehensive overview of the most important artists and works of the movement.

### A Brief History of Body Art and Performance Art

Body art and performance art can be traced back to the early 20th century, with artists such as Dadaists and Surrealists experimenting with these forms. However, it was in the 1960s that these practices came into their

own, with artists such as Yves Klein, Piero Manzoni, and Carolee Schneemann pushing the boundaries of what was considered art.

Body art involves the use of the artist's own body as a medium, often through the use of painting, sculpture, or photography. Performance art, on the other hand, is a live event that typically involves the artist's body as the primary medium of expression.

## **The Body as Art**

One of the most important aspects of body art and performance art is the use of the body as a medium of expression. This can be seen in the work of artists such as Gilbert & George, who used their own bodies as living sculptures, and Marina Abramović, who performed endurance-based works that tested the limits of her own body.

The use of the body as art has been seen as a way to challenge traditional notions of beauty and perfection, and to explore the relationship between the body and the mind.

## **Performance as Art**

Performance art is another important aspect of body art and performance art. Performance art is typically a live event involving the artist's body as the primary medium of expression. This can be seen in the work of artists such as Joseph Beuys, who performed rituals and actions, and Laurie Anderson, who used performance to explore themes of technology and the human body.

Performance art has been seen as a way to challenge traditional notions of what constitutes art, and to create a more immersive and participatory

experience for the viewer.

## Post 60s Body Art And Performance Today

Body art and performance art continue to be important forces in contemporary art. Artists such as Andres Serrano, Ron Athey, and Sarah Lucas have all used body art and performance art to explore themes of identity, sexuality, and the body.

Post 60s Body Art And Performance is a groundbreaking book that provides a comprehensive overview of these important art forms. Featuring over 200 illustrations, this book is an essential resource for anyone interested in the history, theory, and practice of body art and performance art.

Body art and performance art are powerful and challenging art forms that have pushed the boundaries of what is considered art. Post 60s Body Art And Performance is a groundbreaking book that provides a comprehensive overview of these important art forms. This book is an essential resource for anyone interested in the history, theory, and practice of body art and performance art.



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