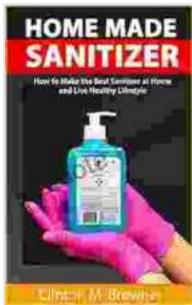


Step-by-Step Guide to Creating Antibacterial and Antiviral Homemade Products

In the wake of the COVID-19 pandemic, many people are looking for ways to protect themselves and their families from harmful bacteria and viruses. While commercial cleaning products can be effective, they can also be expensive and harsh on the skin. Fortunately, there are a number of natural ingredients that can be used to make effective antibacterial and antiviral products at home.



Homemade Hand Sanitizer: A Step by Step Practical Guide to make Anti-bacterial and Anti-Viral Homemade Hand Sanitizer Recipe by Clinton M. Browner

★★★★★ 5 out of 5

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Screen Reader : Supported
Enhanced typesetting: Enabled
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This guide will provide you with step-by-step instructions for making several different types of antibacterial and antiviral products, including:

- Hand sanitizer
- Surface cleaner

- Air freshener
- Laundry disinfectant

All of the products in this guide are made with simple, easy-to-find ingredients that are safe for use around children and pets. So read on and learn how to make your own antibacterial and antiviral products at home!

Hand Sanitizer

Hand sanitizer is an essential tool for preventing the spread of bacteria and viruses. Commercial hand sanitizers can be expensive, but it is easy to make your own at home with just a few simple ingredients.

Ingredients:

* 2/3 cup rubbing alcohol (70% or higher) * 1/3 cup aloe vera gel * 10 drops essential oil (optional)

Instructions:

1. Combine the rubbing alcohol and aloe vera gel in a clean container. 2. Add the essential oil, if desired. 3. Stir until well combined. 4. Pour the hand sanitizer into a small bottle or pump container.

Usage:

* Apply a small amount of hand sanitizer to your hands and rub together until dry. * Use as needed throughout the day, especially after touching surfaces that may be contaminated with bacteria or viruses.

Surface Cleaner

A surface cleaner is essential for keeping your home clean and free of bacteria and viruses. Commercial surface cleaners can be harsh and contain toxic chemicals. This homemade surface cleaner is made with all-natural ingredients that are safe for use around children and pets.

Ingredients:

* 1 cup white vinegar * 1 cup water * 10 drops essential oil (optional)

Instructions:

1. Combine the vinegar, water, and essential oil in a clean spray bottle. 2. Shake well to combine. 3. Spray the surface cleaner onto surfaces and wipe clean with a cloth.

Usage:

* Use the surface cleaner to clean countertops, tables, doorknobs, and other surfaces that may be contaminated with bacteria or viruses. * Use as needed throughout the day, especially after someone has been sick or after visitors have been in your home.

Air Freshener

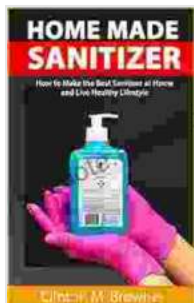
An air freshener can help to improve the air quality in your home and reduce the spread of bacteria and viruses. Commercial air fresheners often contain harmful chemicals that can irritate the lungs and skin. This homemade air freshener is made with all-natural ingredients that are safe for use around children and pets.

Ingredients:

* 1 cup water * 1/2 cup rubbing alcohol * 10 drops essential oil

Instructions:

1. Combine the water, rubbing alcohol, and essential oil in a clean spray bottle. 2. Shake well to combine. 3. Spray the air freshener into the



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