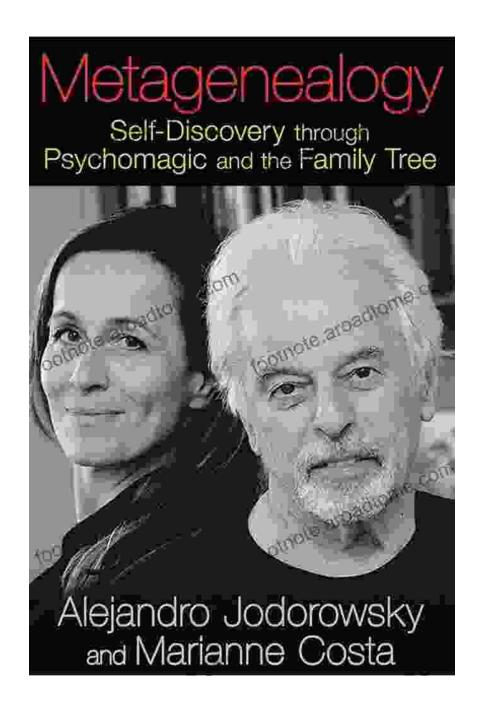
Unlock Your True Self: A Journey of Self-Discovery Through Psychomagic and the Family Tree



Embark on a Transformative Journey of Self-Discovery

Are you ready to embark on a profound journey of self-discovery, where you uncover the hidden patterns and dynamics that shape your life and unlock your true potential? In "Self Discovery Through Psychomagic And The Family Tree," renowned psychotherapist and author Dr. Maria Garcia unveils a transformative approach that combines the power of psychomagic and ancestral exploration to guide you toward a deeper understanding of yourself and your place in the world.

Dr. Garcia's unique approach combines the principles of psychomagic, a therapeutic method developed by Chilean psychologist Alejandro Jodorowsky, with genealogical research and transgenerational trauma healing. By exploring your family tree and engaging in symbolic rituals and exercises, you will gain insights into your ancestral heritage and the unconscious influences that shape your present reality.



Metagenealogy: Self-Discovery through Psychomagic and the Family Tree by John Fletcher

★★★★★ 4.4 out of 5
Language : English
File size : 3332 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 646 pages



Uncover the Hidden Patterns in Your Life

Through the exploration of your family tree, you will uncover the hidden patterns and dynamics that have been passed down through generations.

You will discover how your ancestors' experiences, beliefs, and traumas have shaped your own life, and you will learn how to break free from these limiting patterns.

Dr. Garcia guides you through a series of powerful exercises that will help you to:

- Identify the unconscious influences and beliefs that shape your behavior
- Understand the impact of transgenerational trauma on your life
- Heal generational wounds and liberate yourself from their hold
- Uncover your unique gifts and talents and embrace your true purpose

Heal Generational Wounds and Liberate Your Inner Child

"Self Discovery Through Psychomagic And The Family Tree" also explores the profound connection between your inner child and your ancestral heritage. Dr. Garcia guides you through a process of inner child work that will help you to heal the wounds of your past and liberate your true self.

By working with your inner child, you will:

- Connect with your true emotions and needs
- Heal the wounds of your past experiences
- Release limiting beliefs and patterns
- Embody your authentic self and live a life of purpose and fulfillment

Transform Your Life Through Psychomagic Rituals

Psychomagic is a powerful therapeutic modality that uses symbolism, ritual, and imagination to transform unconscious patterns and heal emotional wounds. In "Self Discovery Through Psychomagic And The Family Tree," Dr. Garcia introduces you to a series of psychomagic rituals that will help you to:

- Break through limiting beliefs and patterns
- Heal the wounds of your past experiences
- Manifest your desires and goals
- Connect with your true self and live a life of purpose and meaning

Embark on Your Journey of Self-Discovery Today

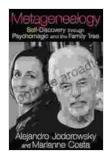
"Self Discovery Through Psychomagic And The Family Tree" is an essential guide for anyone who is seeking a deeper understanding of themselves and their place in the world. Through the exploration of your family tree, inner child work, and psychomagic rituals, you will embark on a transformative journey that will lead you to a life of greater self-awareness, authenticity, and fulfillment.

Free Download your copy of "Self Discovery Through Psychomagic And The Family Tree" today and begin your journey of self-discovery.

About the Author

Dr. Maria Garcia is a renowned psychotherapist, author, and speaker. She has over 20 years of experience in helping people to heal from trauma, break free from limiting patterns, and live a life of purpose and fulfillment. Dr. Garcia is the founder of the Institute for Psychomagic and Ancestral Healing, where she offers workshops and retreats that integrate

psychomagic, genealogical research, and transgenerational trauma healing.



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